

Freestyle							
Female	Freestyle	4 x 50					
60+	2 00.27	Walsall	2022				
72+							
100-119							
120-159	2 16.46	Dove Valley	2024	S Caffrey	L Paling	V Leedham	C Barker
160-199	2.03.37	Borough of Wolverhampton	1998	K Tunnicliffe	L Gowland	D Turner	J Gould
200-239	2.05.98	Black Country n Potteries	2018	S Evans	J Powell	J Doody	L Gowland
240-279	2 13.40	Black Country n Potteries	2023	S Evans	K Tunnicliffe	J Powell	L Gowland
280-319	2.12.37	Black Country n Potteries	2025	L Gowland	B Boxall	K Tunnicliffe	A Fordham
							British/European/World record at the time
Open/Male	Freestyle	4 x 50					
60+	1 42.25	Chase	2020				
72+							
100-119	2 08.05	Dove Valley	2022	G Barnes	R Oldham	R Hough	N Goodridge
120-159	1 48.53	Chase	2022				
160-199	1 54.44	Burntwood	2017	I Morgan	XXXXXX	P Ingle	H Wakelin
200-239	2 05.56	Black Country n Potteries	2022	T Ward	M Finney	R Hinsley	S Moss
240-279	1.58.85	Black Country n Potteries	2018	D Bradford	M Finney	T Ward	P Carpenter
280-319	2.46.75	Black Country n Potteries	2025	C Edwards	J Done	R Crannage	L Spittle
Mixed	Freestyle	4 x 50					
60+	1 49.63	COSACSS	2024				
72+	1 49.43	Newcastle	2023	R Davies	C Mills	C Hurst	T Bloor
100-119							
120-159	1 54.56	COSACSS	2024	L. Pate	C. Madden	XXXXXX	A. Heavey
160-199	1 53.92	Borough of Wolverhampton	1997	S Nash	L Gowland	D Turner	T Ward
200-239	2.05.12	Black Country n Potteries	2019	S Evans	M Finnay	J Doody	P Carpenter
240-279	2.01.87	Black Country n Potteries	2019	D Bradford	K Tunnicliffe	L Gowland	P Carpenter
280-319	2.22.21	Black Country n Potteries	2025	T Ward	K Tunnicliffe	R Woodall	L Gowland
							British/European record at the time
Medley							
Female	Medley	4 x 50					
60+	2 12.21	Walsall	2022				
72+							
100-119							
120-159	2 30.59	Dove Valley	2024	H. Hall	S Caffrey	V Leedham	C Barker
160-199	2 21.81	Borough of Wolverhampton	1999				
200-239	2.24.56	Black Country n Potteries	2018	J Powell	J Doody	L Gowland	S Evans
240-279	2 30.30	Black Country n Potteries	2023	J Powell	J Doody	L Gowland	B Boxall
280-319	2.34.03	Black Country n Potteries	2025	K Tunnicliffe	A Fordham	L Gowland	B Boxall
							British/European record at the time
Open/Male	Medley	4 x 50					
60+	1 54.30	Chase	2017				
72+							
100-119	2.14.69	Burntwood	2025	N Patel	M Wildman	H Crook	D Cubley
120-159	1 57.95	Chase	2023				
160-199	2 04.04	Lichfield	2026	S Gould	B Manners	M Alsop	M Ingram
200-239	2 26.79	Burntwood	2019				
240-279	2.18.26	Black Country n Potteries	2019	P Carpenter	D Bradford	M Finney	T Ward
280-319							
Mixed	Medley	4 x 50					
60+	2 00.11	COSACSS	2022				
72+	1 58.59	Newcastle	2023	T Bloor	R. Twardochleb	R Davies	C Hurst
100-119	2.11.85	Newcastle	2025	E. Evans	P. Dawid	R. Twardochleb	L. Guest
120-159	2 08.74	COSACSS	2024	C. Madden	L. Pate	A. Heavey	XXXXXX
160-199	2 07.03	Borough of Wolverhampton	1999	D Turner	S Nash	T Ward	L Gowland
200-239	2 25.83	Black Country n Potteries	2019	K Tunnicliffe	D Carpenter	M Finnay	E Heathcock
240-279	2.20.80	Black Country n Potteries	2019	K Tunnicliffe	D Bradford	L Gowland	P Carpenter
280-319	2 44.12	Black Country n Potteries	2024	K Tunnicliffe	T Ward	L Gowland	L Spittle
							British/European record at the time